To reach school district personnel by email please visit our website at www.keshequa.org, click on the Dalton Elementary, Nunda Middle School, or Nunda High School link, scroll down the page and look for the link that says Faculty Directory. For questions please call 468-2541 ext. 1105.

Volume 4, Issue 5

Keshequa

Honor

Wisdom

Leadership

<u>T</u>ruth

The mission of the Keshequa Central School District is to provide opportunities to empower all students to be cooperative, self-directed lifelong learners, prepared to responsibly meet the challenges of the twenty-first century.

January 2007 www.keshequa.org

### Superintendent's Message by Edward Stores

Ibronicle

I hope everyone had a happy and joyous holiday season. From the perspective of central office, the month of January begins the budget development process that ends with a budget vote held in May. Between now and then many decisions about what we want for our students and what we can afford as a district will be made. Areas such as operations and maintenance, the instructional program, transportation, salaries and fringe benefits and other areas will be examined closely. Many of you may not realize how dependent this district is on state aid, but last year 70% of our expenditures were paid by this revenue source. For some this is good news and for others it is not. For our part, we must continue to ask the legislators for the kind of assistance we have received in the past because without their collective generosity toward education, local share in the form of

District Goals #1 Academic Achievement #2 School Climate #3 District Communication #4 Educational Structure

taxes increases. I urge you to keep track of what we are doing over the next few months so that when the time comes to vote you can make an informed decision. There will be no secrets!

I also want to touch on where we are with our Excel project. The term Excel is another name for a capital or building project with one important difference – aidability. If we are careful and include only areas of work that will generate Excel aid there will be no impact in your taxes. Having been around for more than a few years, I have heard taxpayers comments like "Who are you kidding, taxes are taxes and they come from us!!!" My answer is this, Excel aid has been established as a kind of pot of money that is ours to do certain kinds of needed work in our buildings. You can turn it down, in which case

### Financial Aid Night 🐑

On January 8 at 7:00 p.m a Financial Aid Seminar will be held for senior parents and students in the high school vocal music room. Mary Ann Loper, a financial aid counselor from Houghton College will be presenting. Parents will learn the necessary steps to take to complete the required FAFSA (Free Application for Federal Student Aid) form. This information is used to award students grants, scholarships and loans to pay for their college education. The information will help you to understand and navigate the financial aid process. it will only be spent by some other district in New York State. As we continue down this path in the next couple of months I would love the opportunity to tell you about the work planned in whatever forum you like. You can attend BOE meetings or I can share the project plans with you over a cup of coffee. As always, stop in or call with your comments or concerns.

My best to you and yours.

# **Committees At Work** by Marilyn Capawan, Assistant Superintendent

With the excitement and festivities of the winter holidays drawing to a close, January brings a renewed sense of energy and focus. We all know that our students and teachers will be working hard this month preparing for and taking New York State English Language Arts and Regents exams. But did you know that our Board of Education is also hard at work in its role of leading Keshequa to excellence in education? Much of the board's work is accomplished through committees, with each member serving on at least two, and meeting once or twice per month. The Superintendent and I attend these meetings, with our Business Administrator often in attendance as well. This year there are five committees, each with a specific mission.

Our Policy Committee is charged with reviewing and revising school policy based on changes in state or federal law and/or Commissioner's Regulations. The committee also looks at policies that might need updating to reflect changes in our school and community. The group submits any new policies and revisions to the Board of Education for approval. This is an ongoing process that updates the district's guiding policies to keep them both in compliance with legal requirements and in touch with the needs of our constituents.

The Building and Grounds Committee is an especially busy one at the moment. The capital project planning is the responsibility of this group, working with the architect to define the scope of the project. EXCEL aid (Expanding our Children's Education and Learning) requirements are now being reviewed as the committee works carefully to maximize our resources in the planning of this project. As Mr. Stores indicated, we will be sharing more news about this over the next two months.

As the annual budget development process gets underway, the Au-

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dit/Finance Committee will meet frequently. In addition to its work with the school budget, this committee is also responsible for providing oversight of the internal and external audit functions, reviewing corrective action plans and necessary improvements based on audit recommendations, and providing the communications link between the internal and external auditors and the Board.

The Communications Committee is dedicated to the strengthening of public relations, providing a connection between school and community. The Community Forum is one example of their work. Finally, the Board Operations Committee takes the lead in developing and tracking the district's strategic plan and goals. This group also serves as an ad hoc committee to address issues that may arise outside the scope of the other committees.

As we all work to make our district the best it can be I invite you to share your thoughts and concerns with me in person, on the phone, or via email (mcapawan@keshequa.org). I also look forward to seeing you at our next Community Forum where we will talk more about our EXCEL capital project!

## Interscholastic Mathematics Competition

The Middle School Interscholastic Mathematics Competition season is underway! These competitions bring together the top middle school math students from ten area schools and challenge their problem solving and mathematical skills. The questions for the competition are developed by faculty members from SUNY Geneseo. The Keshequa team got off to a great start at the November 9<sup>th</sup> meet and at the December 11<sup>th</sup> meet, the team earned its highest

score ever! The team will travel to Geneseo for the final meet of the season on January 5<sup>th</sup>. Representing Keshequa at the Middle School competitions are 8th graders Zack Galton, Sam Gordinier, Katelyn Gelser, Tim Jackson, and Kevin Moran and 7th graders Arielle Bielicki, Amy Bloomer, Michaela Hillier, Logan Thompson and Phillip Wood.

## **Dates to Remember**

#### January 2007

8-12	NYS ELA Exams for 3rd – 5th grade			
11	Board of Education Meeting 7:00 p.m.			
15	NO SCHOOL			
16-19	NYS ELA Exams 6th – 8th grade			
22-25	NYS ELA Field Test Grade 7			
23-26	Regents and Mid-term Exams			
25	Board of Education Meeting 7:00 p.m.			
February 2007				
2	Second quarter Report Cards sent			

15.....Board of Education Meeting 7:00 p.m.

home

# Parents Can Help Students Prepare for Assessments by Christine Antalek, Director of Curriculum and Instruction

January begins our school year's testing season. The New York State Assessments are snapshots of your child's progress in achieving the skills and content he or she will need to do well in high school and college. They help us know what students have learned and what we need to teach them. Each question on each test measures one of the NYS Learning Standards. By reviewing how each grade level performs on individual questions, we can determine how well our current curriculum works.

#### **Teachers Look at Data**

As parents were sent reports indicating how well their child did on content areas of

each test, teachers were reviewing overall data. We learned that the students did well on questions measuring these English skills: reading to collect facts, locating information, using graphic organizers, using clues to identify meanings of words, identifying literary elements and author's purpose, and evaluating validity and accuracy of ideas. Students became better at answering high level thinking questions as they got older. We will need to continue work on identifying specific evidence and details, predicting, analyzing and interpreting literary devices, and identifying implied information at all grade levels. Using evidence from texts in students' writing continues to be a challenge, also.

### **Mid-Term Middle School Tests**

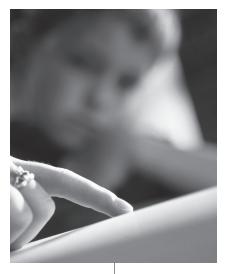
#### January 22-25 No School Friday, January 26, 2007

Middle School students will have a full-day of school every day January 22-25, 2007. Their daily schedule will vary from day to day. Students will be taking two double period tests each day over the four days of school. Students should plan to study for their tests as follows:

Monday, January 22	Tuesday, January 23
Double Period 6	Double Period 3
Double Period 7	Double Period 8
Wednesday, January 24	Thursday, January 25

Double Period 5 Double Period 8

ry 25 Double Period 4 Double Period 1



In math, we recognized strengths in questions measuring concrete measurement, geometric patterns, lines of symmetry, ratios, simple formulas, interpreting graphic data, scientific notation, and two and three dimensional shapes. Students did not do as well on questions measuring fractions, upper level reasoning in geometry, algebraic translations, applying and evaluating appropriate algebraic and geometric formulas, and angle and triangle geometry. Reviewing and discussing these findings can help us improve the quality and depth of our instruction and show us how well our current instructional materials are working.

#### **Test Schedule**

The New York State Assessments are being administered during the following weeks:

English Language Arts (gr. 3-5)January 8-12, 2007
English Language Arts (gr. 6-8)January 16-19, 2007
Math (gr. 3-5)March 5-9, 2007
Math (gr. 6-8)March 12-16, 2007
Grades 4 and 8 Science will be given during April and May.

Grade 8 Social Studies is taking place on June 5-6, 2007. Grade 5 Social Studies was already administered in November. Please contact your child's teacher for specific test dates.

#### How Parents Can Help

Parents can review the types of questions on each test by visiting the www.NYSParents.com website which has links to last year's tests. Every question of every math and ELA test is printed for parents' and teachers' review. Parents are encouraged to see that their child receives a good night's rest and a proper breakfast on the day of the test. In general, parents should encourage their child to read every day, they should provide a quiet place to do homework, and they should establish routines for homework and free time. NYSParents.com provides other excellent resources to help their children do well in school.

Children should do their best on the state assessments, but parents needn't make their children nervous or anxious about the exams. They are simply one measure of how well our students are progressing. Students who are not progressing will receive extra help so they can improve their skills. Parents who would like more information about the upcoming assessments may contact Christine Antalek at cantalek@ keshequa.org.

# Middle School / High School News

By Doris Marsh, MS/HS Principal



Fifteen-week interim grade reports were mailed home on December 22. Twenty-week report cards will be mailed home on February 2, 2007. Meanwhile, students have been participating

in winter sports, sports tournaments, concerts, movie night, Middle School Student Council fundraising, ski-club dinner sales, food and clothing drive by National Honor Society, and ticket selling to attend the donkey basketball game on January 13, 2007.

This month students will be preparing for twenty-week mid-terms and January Regents testing. Parents are asked to note the testing schedules for the week of January 22-25 on page seven in this Chronicle. Middle School students will attend full days during the week of tests – January 22-25. There will be no school for any student on Friday, January 26.

High School students will only report for their scheduled mid-terms and Regents tests. The students may come to school on the regular morning bus run. There will be an 11:30 a.m. bus run home for high school students completing their tests. Any high school students needing a p.m. bus to come for afternoon testing will need to sign up in the High School Main Office the week of January 15<sup>th</sup> and also will need to call the bus garage. There will be a 2:43 p.m. dismissal for Middle School students and a regular late bus run at 3:30 p.m. each day.

Middle School students in grades 6-8 will be taking the New York ELA test during the week of January 16-19. Sixth grade students will take their ELA tests on January 17, 18, and 19. Seventh grade tests will be on January 16 and 17. The eighth grade students will take their ELA tests on January 18 and 19. Seventh grade students will also be taking a special New York State Field ELA test the week of January 22-25. Mrs. Gehrig will be creating a testing schedule for this test.

The month of January will be busy and very demanding. I would encourage students to apply their study skills and habits and strive to do their best. Remember to encourage your



students to stay for extra help when needed, complete homework on time and participate in class.

I hope everyone has a wonderful New Year with lots of success and happiness.

## **Greetings From Dalton Elementary**

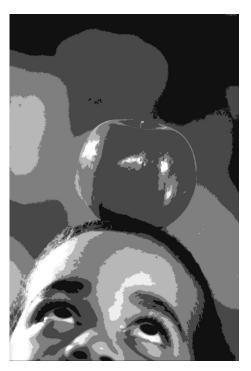
We at Dalton are committed to providing our students with a well-balanced, culturally enriched educational experience. Here are some recent examples of enrichment opportunities offered to our students: Field trips to Mills Mansion for a historical look at Christmas; several theatre productions including A Christmas Carol and The Midnight Ride of Paul Revere; and a special trip to The Rochester Museum and Science Center to see the traveling dinosaur exhibit. We have brought the theatre to our students through the Merry-Go-Round Playhouse, a traveling musical and youth theater. The playhouse provides classroom instruction followed by a large group production. We had the opportunity to put on four productions this year - A Fisherman and His Wife, A Longhouse, The Oldest Story and Conestoga Stories. We remain committed to enriching the educational experiences for all our children both through exciting field trips outside the school setting and by bringing exciting opportunities into our school.

The New York State English, Language Arts (ELA) Exam for grades 3, 4 and 5 will be given on January 8-12, see the schedule below:

Mon., Jan. 8	Grade 4, Book1	8:30-10:20
Tues., Jan. 9	Grade 4, Book2	8:30-10:30
Wed., Jan. 10	Grade 4, Book3	8:30-10:50
	Grade 5, Book1	11:00-12:20
Thurs., Jan. 11	Grade 3, Book1	8:30-10:40
	Grade 5, Book2	10:55-12:25
Fri., Jan. 12	Grade 3, Book2	8:30-10:10

There is a new website for parents offered by the State Education Department that can help with state exams: www.NYSParents. com

Please see Mrs. Antalek's article in the Chronicle for suggestions on how to help your students prepare for state exams.



# A Walk Through Nunda's History

What happens when your local historians and school teachers get together? A great experience for students – and that's just what happened at Nunda's First History Day!

History Day was sponsored by the Nunda Historical Society in cooperation with the Keshequa Central School District. Held at the Nunda museum grounds near Kiwanis Park in November, the day-long event provided nearly 250 Keshequa students an opportunity to explore our area's fascinating past.

The historical society began planning the event last summer. During September a group of interested teachers joined society members in the planning. This group included Sue Long, Jennifer Amrhein, and Mrs. Nageldinger from the elementary school, and Megan Payne, Ryan Messenger, and Tom Cook from the Middle/High School. Sharon Cantleberry, Tammy Neu, and Cathie Gehrig also participated by bringing their classes to the event. Students from the college level history 203 class at Keshequa served as guides and chaperones.

Students from grades 2, 3, 4, 7, and

8 participated in the program. Moving in small groups they worked with a variety of local folk artists, craftspeople, and re-enactors. Members of Cushing Battery A, 4<sup>th</sup> US Light Artillery recreated a Civil War era camp near the museum building. Dressed in period uniforms and costumes, the soldiers and their wives talked about life during the Civil War. West Sparta Town Historian Dave Palmer and his wife played a 'what is it' guessing game with the students using colonial and 19<sup>th</sup> century tools.

Inside the Nunda Museum students participated in several activities. Missy Clark of Barkertown Sutlers in Mt Morris had the students clean cotton which she then spun for them on her spinning wheel. Nearby, in the Rose Shave Gallery, folk artist Sue Hengelsberg led students in Civil War era songs on the banjo, guitar, and hammered dulcimer. Students also took part in museum scavenger hunts designed by their teachers.

The day was considered a great success by all. The presenters and members of the historical society were impressed by the good behavior and the level of interest shown by Keshequa students. The society also attributed the success of this first-time event to the cooperation and hard work of Keshequa teachers. According to a historical society officer, the teachers played a critical role. "We



couldn't have done it without them, and look forward to working again with the school as a partner in history."

The Nunda Historical Society has also extended a special invitation to all district students, parents, teachers, and community residents to come to any of the monthly meetings and activities offered by the society. You can find these listed at their website www.nundahistory.org.









### Keshequa Dulcimer Players Make Music

If you hear the notes of "Boil them Cabbage Down" echoing in the halls of the Middle/High School, it is probably the members of our new mountain dulcimer group practicing. The group that just formed in December, already has over a dozen members who have expressed interest in learning this traditional instrument.

The group meets once a month, and interested students can try out or practice on a dulcimer after school Tuesdays through Thursdays. The group has nine dulcimers, made available through a grant awarded by the Livingston County Fund of the Rochester Area Community Foundation.

Playing the mountain dulcimer encourages an interest in music and history. The instrument evolved in the Appalachian Mountains in the 18<sup>th</sup> and 19<sup>th</sup> centuries, and became a popular folk instrument in the late 20<sup>th</sup> century. It is also a great family project! The Nunda Historical Society sponsors a Mountain Dulcimer Learning Group for all ages that meets the second Monday of every month from 3:30 to 5 at the Nunda Historical Society Museum. Students from the Keshequa group are invited to participate in that group too.

For more information go to www.keshequa.org and click on the HS staff collection. In Mr. Cook's folder you will find a folder marked 'dulcimer' – our handouts and loan forms are there. Watch for information on our first concert in the late spring.



### Keshequa Juniors attend History Meeting

The Keshequa Middle/High School was well represented at the Nunda Historical Society's December meeting, with 21 history students from KCS attending. Many of the students are juniors currently taking a US History course. As part of their course requirements, they are required to explore some aspect of American History. Students can fulfill this requirement in a number of ways, including research projects, genealogy work, or taking part in a community history project or event. Some students who had already completed the 10-week requirement or are in other grades also attended.

Two Keshequa students presented during the meeting. Seventh grader Tyler Piraino gave a presentation on the Peter DePuy Bank that existed in Nunda for many years. His research included interviews with the Mr. & Mrs. DePuy who shared with him several family photographs and other materials. Tyler also had several artifacts from the Bank which is now the local M & T Bank. Junior Duane Still also brought several family artifacts, which he shared with the audience.

Historical Society members and visitors were very impressed with the interest and fine behavior of the students. The Juniors received enthusiastic applause when they were introduced as the 'Bicentennial Class,' since they will be graduating in 2008, the year of the Town of Nunda's Bicentennial.

The Society extends an open invitation to all students and their parents to take part in the many activities offered during the year.

### Family & Consumer Science News

#### DO yOU know? This community has over 100 students trained in the American Red Cross Babysitter's Training Course!

The past year all seventh grade students in Home and Careers have participated in the training and have received their card. The program aligns very well with the FACS standards and is a great benefit to students, their families, and their communities. The program is based on four learning areas: Leadership: Safe and Responsible Babysitting; Basic Care; Think Safety; and Basic First Aid. In Basic Care the students use life size infant dolls to practice picking up and holding an infant, feeding, and diapering. This experience, for students who have never had the opportunity to do these tasks with a real infant, helps give them knowledge and security to handle situations. Basic First Aid starts with Check-Call-Care, teaching students to check breathing, give rescue breath and assist someone who is choking. All of the skills covered assist our students in being better prepared for emergencies. If you are looking for a babysitter, ask if they have their American Red Cross Babysitter's Card.

"I always wanted to know how to bake." That was a statement made recently by one of my sixth graders. Students this age have often helped in the kitchen, and some are able to do some cooking, but there are students who have never enjoyed the wonder of baking. All Middle School students take Home and Careers for ten weeks in each grade level. Sixth grade is a fun age group because the class is a new experience to them. Kitchen safety, basic baking skills, and proper measuring

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are covered in the first five weeks of class. During the second half they learn how to operate a sewing machine and make a drawstring bag. They also learn a few hand-sewing techniques, including sewing on buttons. These skills give students opportunities to learn how to use resources to make something useable.

The University of the State Of New York **The State Education Department** 

Office of State Assessment Albany, NY 12234

## **Examination Schedule January 2007**

Students Must Verify With Their Schools The Exact Times That They Are To Report For Their State Examinations.

#### Tues., January 23

#### 8:30 a.m.

- RE in Global History & Geography
- RCT in Writing

#### 12:30 p.m.

- Comprehensive English: Session One
- RCT in Mathematics\*

#### Wed., January 24

#### 8:30 a.m.

- Comprehensive French\*
- Comprehensive Spanish
- Physical Setting/Earth Science
- RCT in U.S. History & Government\*

#### 12:30 p.m.

- Comprehensive English: Session Two
- RCT in Science\*

#### Thurs., January 25 8:30 a.m.

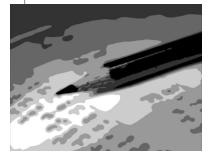
- Re in U.S. History & Government
- RCT in Reading

#### 12:30 p.m.

- Mathematics A
- Physical Setting/Chemistry
- Physical Setting/Physics

#### Fri., January 26 8:30 a.m.

- Living Environment
- Mathematics B
- RCT in Global Studies\*



#### **Uniform Admission Deadlines**

Morning Examinations - 10:00 a.m.; Afternoon Examinations - 2:00 p.m.

\* Available in restricted form only. Each copy of a restricted test is numbered and sealed in its own envelope and must be returned, whether used or unused, to the department at the end of the examination period.

## Middle School Mid-Term Schedule January 22-25, 2007

Every MS student will report to homeroom (regular 1st period class) 8:00-8:05 and attendance will be taken at 8:06 students will begin their scheduled classes for the day. Students will have two double periods each day for testing purposes.

Mon., Jan. 22, 2007	<b>Tues., Jan. 23, 2007</b>	Wed., Jan. 24, 2007	<b>Thurs., Jan. 25, 2007</b>
8:06-8:49 Period 3	8:06-8:49 Period 2	8:06-8:49 Period 1	8:06-8:49 Period 2
8:52-10:21 Double Period 6	8:52-10:21 Double Period 3 (Test)	8:52-10:21 Double Period 5 (Test)	8:52-10:21 Double Period 4 Test
10:24-11:07 Period 4	10:24-11:07 Period 4	<b>10:24-11:07</b> Period 4	<b>10:24-11:07</b> Period 3
11:10-11:53 Period 5	11:10-11:53 Period 5	<b>11:10-11:53</b> Period 5	<b>11:10-11:53</b> Period 7
<b>11:56-12:39</b> Period 6	<b>11:56-12:26</b> Lunch	11:56-12:26 Lunch	11:56-12:26 Lunch
(Grades 6 & 7)	(Grade 8)	(Grade 8)	(Grade 8)
<b>12:29-1:12</b> Period 6	<b>11:56-12:39</b> Period 6	11:56-12:39 Period 6	<b>11:56-12:39</b> Period 8
(Grade 8)	(Grades 6 & 7)	(Grades 6 & 7)	(Grades 6 & 7)
<b>12:42-1:12</b> Lunch	<b>12:29-1:12</b> Period 1	<b>12:29-1:12</b> Period 1	12:29-1:12 Period
(Grades 6 & 7)	(Grade 8)	(Grade 8)	(Grade 8)
1:15-2:44 Double Period 7 Test	<b>12:42-1:12</b> Lunch	12:42-1:12 Lunch	12:42-1:12 Lunch
	(Grades 6 & 7)	(Grades 6 & 7)	(Grades 6 & 7)
	1:15-2:44 Double Period 8 Test	1:15-2:44 Double Period 2 Test	1:15-2:44 Double Period 1 Test

# **KCS Scholar Athletes**

The Varsity Boys Soccer, Varsity Girls Soccer and Varsity Volleyball teams were selected as New York State Public High School Athletic Association Scholar Athlete Teams. The following members of each team are the scholar athletes who qualified the teams for such a great distinction. In order to achieve Scholar Athlete recognition a certain number of individuals must have a combined average of 90.00 or higher.

### Sports Concussion Management

#### By Craig Veley, Athletic Director

About one in 10 athletes participating in contact sports will sustain a concussion in any given year. A concussion is a mild form of neurological injury that occurs due to a blow to the head or neck, or a sudden deceleration to the head that results in an altered state of mental awareness, either temporary or prolonged. Typically, the individual is "awake" again within a few seconds to a few minutes. Some athletes will experience little or no noticeable after-effects following a concussion. For others, there may be complaints of headache, fatigue, dizziness, mental "fogginess", forgetfulness, poor attention, and other symptoms.

While most athletes recover from concussions completely, timely and accurate diagnosis and management of concussion symptoms are critically important to determine safe return to play, and minimal disruption of the student-athlete's long-term academic and athletic success. An athlete who is still recovering from a concussion and returns to play too soon is vulnerable to the "second impact syndrome," which may involve more serious neurological consequences. Also, failure to manage the symptoms of a concussion properly may result in a disruption to the student's academic and social life. Therefore, it is important that anyone who sustains a concussion receives proper attention with diagnosis, care, and follow-up.

Concussions, even seemingly mild ones, should be taken seriously. Therefore, anyone who sustains a concussion should see his or her primary care physician as soon as possible. In addition, some may need a more extensive evaluation of their post concussive status. The University of Rochester Medical Center Sports Concussion Clinic (275-3271) and The Unity Health System Sports Concussion Clinic (368-3003) are two major clinics in the area that will provide a more specific array of services for studentathletes.



#### Varsity Volleyball



Front row (L-R): Katheryne Davis, Crystal Harrington, and Stephanie Kreuzer; Back row (L-R): Amber Herington, Angelica Schmitter, Emily Gibson, Sarah Gray, and Jacalyn Donovan

Varsity Girls Soccer



Front row (L-R): Kayla Beardsley, Janeen Bennett, Sarah Morris, and Rissa Smith; Back row (L-R): Charise Gelser, Catherine Mucha, Casey Chatley, Kelsey Wagar, Marissa Underwood, Lauren Morris, Kasey Schrier, and Cheyenne DeMarco.

#### Varsity Boys Soccer



Front row (L-R): Matt Whiteman, Dan Domagalski, Brandon Schrier, Nick Shute, and Mark Nesbitt; Back row (L-R): Josh Houghtaling, Jacob Dale, Steven Emke, Ian Phillips, Dustin Rook, Eric Howard, Laurie Rich, Ray Halter, and Tim Rymer





### Keshequa Central School High Honor/Honor Roll

12<sup>th</sup> Grade **HIGH HONOR** Hope Borden Kari Buchinger Jason Buckel Jessica Case Casey Chatley Amber Didas Angela Dieter Steven Emke Natasha Germack Scott Grav Crystal Harrington Joshua Houghtaling Melanie Klug Lorelei Kujat Marcie Mallaber Sarah Morris Tiffany Nixon Heather Pawlowski Ian Phillips Nathan Pierce Grace Rich Amber Stephens Joshua Trim Jamie White Matthew Whiteman HONOR Amber Carney

Amber Carney Daniel Domagalski Kevin Garwood Savanah Gelser Raymond Halter Gregory Kershner Mark Nesbitt Lindsay Snyder Timothy Snyder Tyler Snyder Jessica Stokes John Tomczak Joseph Waddle Kelsey Wagar

#### 11th Grade

HIGH HONOR Chelsea Amrhein Jacob Dale Katheryne Davis Cheyenne DeMarco Jacalyn Donovan Ashley Green Rory Kennedy Mathew Kreuzer Joseph Layland Joseph Maddalena Bethany Marsh Lauren Morris Taylor Nahalka Ryan Nugent

#### Brittany Pawlowski Laurie Rich

Dustin Rook Angelica Schmitter Brandon Schrier Nathaniel Spencer Marissa Underwood **HONOR** Riley Adams Ashley Cassidy Leanna Derrenbacher Rachelle Duryea Dominic Flint Adam Green

Felicia Gregg Eric Howard Minzie Jeffords John Johnson Dean LaDelfa Meghan Lowell Shawna Nickerson Patrick Reichard Timothy Rymer Kassandra Schrier Nicholas Shute Duane Still Devin Thorne Heather Tomczak

#### 10th Grade HIGH HONOR

Kayla Beardsley Courtney Curry Charise Gelser Emily Gibson Chrysta Giles Brian Gordinier Sarah Gray Lindsay Gunn Alicia Halpenny Ashlev Hark Matthew Moran Brandon Nickerson **Jesse** Orellana Erin Pattridge Johnathan Peritore Evan Pirrello Bert Provorse Albert Schmitter Jeffrey Steidle Sydney Sullivan HONOR Duane Gibson Jessica Gilbert Amber Herington Casey McCallum Thomas Miller Ariel Piper Victoria Underwood

#### 9th Grade

**HIGH HONOR** Cassandra Allen Thomas Coates Paige Essler Ryann Gardner Amanda Gath Christopher Gray Leo Hoodak Bryan Kunkle Mariah Mahlendorf Terrence Mann Michelle Montgomery Catherine Mucha Kristen Randall Melissa Seiwell Rischandra Smith Christine Tallman Kristen Thompson Ethan Trim HONOR Jeremiah Bentley Kaylie Buckel Ashley Cartwright Zachary Coffey Rvan Forrester Dylan Hatfield John Nesbitt Andrew Powers Jessica Snyder Whitney Still Brett Vesico

#### 8th Grade

**HIGH HONOR** Sarah Allen Rachel Axtell Chelsea Beardsley Melissa Curry Zachary DiAngelo Lauren Donovan Zachery Galton Katelyn Gelser Korey Gillen Samuel Gordinier Nicole Grosse Andrew Hark Tiffany Harrington Shelby Hatfield Gabrielle Herington Timothy Jackson Bernard Johnson Kyle Karst Justin Kelly Alexandria Maksymiw Claire Mann Kevin Moran Chelsea Nichols Tanner Piper

Ariel Simone HONOR John Carroll Shalynne Craft Brittany Denby Adrec DeRue Gerald Farrell David Flint Jack Fraser Amber Garwood Tyler Green Kyle Grosse Sarah Hand Adam Jett Valerie McAllister Melvin Nelson Nicholas Snyder Francis Wirt

#### 7th Grade HIGH HONOR

Cyrus Acciari Elizabeth Alberti Dalton Alloco Arielle Bielicki Alicia Calcote Ashlee Callaro Timothy Cassidy Justin Coates Gabrielle DiAngelo Amzi Ethridge Terry Forrester Hunter Grosse Brittany Hark Michaela Hillier Mark Kirwan Jordan Kraft Andrew Kunkle Nicole Mock Tyler Piraino Brittany Ressler Kendra Smith Jennifer Symonds Zachery Todd Philip Wood HONOR Shandra Biondolillo Kaleb Borgus Travis Caton Evan Chemelli Carrie Curry Destinie Curry Jesse Ellis Brooke Essler Nicholas Faulds Dylan Gibson Jacob Green Troy Hatfield Taylor Howard

Brandon Lunn Kaylie Mann Christopher Nesbitt Kirstin Orton Ryan Sarratori John Swartzfager Abigail Therrien

#### 6th Grade

**HIGH HONOR** Jacob Adams Mariah Barranco Max Borgus Victoria Coon James Derrenbacher Blaithe Donovan Cole Essler Kathryn Faulkner Alexandrea Flint Christian Garwood Courtney Germack Caitlin Gregg Michelle Hand Kristen Jackson Rilev Kirwan Atticus Kiser Sarah Link Connor Lucas Samantha Lucier Daniel Mattle Grace Mehlenbacher Zachary Mehlenbacher Olivia Morris-Quackenbush Chauna Savastano Steven Schiano Alexander Simone Gracey Smith Jessica Steidle Dakotah Thompson Carrie White Joshua Willey HONOR Helen Alloco Brandon Bailey Raymond Force Amanda Garwood Katherine Gelser Shelby Goodridge Lia James Alicia Ludwig Jordan Mock Jessica Morgan-Strauss Alicia Pritchard Josiah Scott Naomi Smathers Ryan Smith Chance Vogt Larry Wirt

# A Partnership At Work!

by Mrs. Gehrig. Second Grade Teacher



# No School January 15 Martin Luther King Day

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The Dalton Elementary School is again partnering with the Livingston, Steuben, Wyoming Foster Grandparent Program. This positive program's volunteers provide companionship and support to children within the classroom. Individual attention, unhurried help, and encouragement are the keys to daily successes for many students. Kathryn Scoville and Cecelia Gross are volunteering in Second Grade and Kindergarten this year. Many thanks to these ladies and to the program itself for helping our students! Grandparents are indeed special!

# Math Musings

by Carol McCarville

#### **Division Tips**

Remind your children that: Dirty Monkeys Smell Extremely Bad.

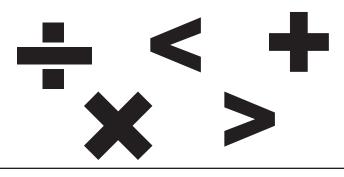
This saying reinforces the basic division steps: **D**ivide **\* M**ultiply **\* S**ubtract **\* E**xamine **\*** Bring down.

Practice a few problems daily. Start with smaller dividends, then add a digit as your child grows more confident. Use multiplication to check division: quotient times the divisor, plus the remainder equals the dividend.

#### What IS Division, Anyway?

Division is the act of taking a large group of objects (our dividend) and fair-sharing it into equal groups (divisor). Our answer (quotient) is how many are in each group. We can physically act out any division problem we are given, but time is a factor. It would be simple to act out 32 divided by 4, but not 32,567 divided by 4! That is why we use the algorithm (formula); it is simply a way of producing a written record of the division, much like writing is a way of recording our spoken words on paper.

Grade 5 is dividing now; Grade 4 will start after break!





# YOUR CHILD'S MENTAL HEALTH: WHAT'S UP DOC?

When your child has a high fever, you get medical advice. Most likely, your child soon will be back to his or her playful and rambunctious self.

Mental health problems can be more difficult to recognize. One in five children has a diagnosable mental, emotional, or behavior problem that can lead to school failure, family discord, violence, or suicide. Help is available. However, two-thirds of children with mental health problems are not getting the help they need.

Mental health is how we think, feel, and act. It's common for children to feel sad or to behave badly from time to time. If you see troubling behaviors that seem persistent and severe, it's time to take action. These questions can help you:

- *Does your child seem angry most of the time?* Cry a lot? Overreact to things?
- *Does your child avoid friends or family?* Want to be alone all the time? Seem to have lost interest in things usually enjoyed?
- Does your child destroy property, break the law, or do things that are life threatening? Often hurt animals or other people? Seem not to care when you explain that this behavior is harmful? Use alcohol or other drugs?
- Is your child extremely fearful? Having unexplained fears or worrying more than other young people?
- Is your child limited by poor concentration? Suddenly having trouble making decisions? Grades showing a marked decline?
- Is your child obsessed about how he/she looks? Experiencing unexplained changes in sleeping or eating habits? Often complaining about headaches, stomachaches, or other physical problems?
- Does your child feel that life is too hard to handle or talk about suicide?

If you answer "yes" to any of these questions, talk to your family doctor or pediatrician about your child's feelings and behavior. Discuss how your child may have been affected by recent major changes in your family or community. Together, you may decide that your child and family need help from someone with more mental health training.

Parents, teachers, and other care providers can work together to build on your family's strengths. All families have strengths.

Maybe your family strengths are shared during a community function that you attend regularly. A family activity like cooking together may provide a time to experience both good communication and good food. Bonds may be strengthened and skills developed in the ways you encourage your child's interest in activities like baseball, science, or being a helpful neighbor. Building on your family's strengths can provide the support your child and family need to succeed.

The Caring for Every Child's Mental Health Campaign Campaign is part of The Comprehensive Community Mental Health Services Program for Children and Their Families of the Federal Center for Mental Health Services. Parents and caregivers who wish to learn more about mental well-being in children should call 1-800-789-2647 (toll-free) or visit mentalhealth.samhsa.gov/child/ to download a free publications catalog (Order No. CA-0000). The Federal Center for Mental Health Services is an agency of the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

### Snow Shoveling Safety Tips

(Healthy Day New-Courtesy of North Dakota State University)

- Wear layers of clothing so you can add or remove clothes if you get too cold or too warm.
- Be sure to stretch your muscles (arms, legs, etc.) or walk around for a few minutes to decrease the chance of straining any muscles.
- Use a small blade on your shovel to have less snow to lift up and move to prevent back problems
- Stand with your feet shoulder width apart and lift with your knees and not your back.
- Turn your body instead of twisting to prevent any back problems.



Civil War re-enactors on Nunda's first History Day. See story on page 5.

## **Clothing Give Away**

On January 5<sup>th</sup> between the hours of 8:30 am and 3:00 pm at the High School the National Honor Society will be offering free clothing for families in need. A variety of gently used items have been collected and the public is invited to come in and select what they need. If you have any questions you may call Mrs. Beaumont at 468-2541 ext. 2011.

Keshequa Central School P.O. Box 517 Nunda, New York 14517-0517

January 2007

School Board Members Anita Buchinger Theron Foote John Gordinier Lori Gray Terry Lowell, Vice-President Lyle Tallman Kevin Whiteman, President

## Keshequa Fitness Room Hours: Adult Community Residents

GMondays, GWednesdays, GFridays

> 5:30 – 6:30 a.m. 6:00 – 7:00 p.m.

Must complete the following forms prior to gaining access to the fitness room:

- Physician's Medical Clearance Form
- Informed Consent/Assumption of Risk Form
- Fitness Room Participant Information Form

\*\*This packet may be obtained in the District Office\*\*

Any questions please contact Craig Veley at 468–2541 extension 1197.

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